East Wake High School

Class of 2023

Life After Graduation

What is your "E"?!

Enrollment (College) | Entrepreneurship | Employment | Enlist

Important Dates for Seniors to Remember

Senior Parent Night Presentation……………………………………..Open House, September 26

2022-2023 FAFSA Application Available………………………………………… October 1

FAFSA Financial Aid Night (English and Spanish sessions) ………………October 6 @ 6:00pm

CFNC College Application Week ....October 17-21

Mid-Year Graduation Ceremony ....February 1st @ 6:30pm

June Graduation Practice...TBD

June Graduation Ceremony...June 14 @ 4:00pm

Schedule an appointment based on your counselor and last name!

https://calendly.com/ewhsdupree	**Last Names A-Co**	**Ms. Dupree**
https://calendly.com/ewhsewais	**Last Names Cr-Ha**	**Ms. Orozco-Ewais**
https://calendly.com/ewhshendricks	**Last Names He-Me**	**Mr. Hendricks**
https://calendly.com/ewhslowery	**Last Names Mi-R**	**Mr. Lowery**
https://calendly.com/ewhsalmanzar	**Last Names S-Z**	**Ms. Almanzar**

Visit the Student Services website for more information/resources!

https://bit.ly/ewcounseling

COLLEGE? TECHNICAL SCHOOL? JOB MARKET? MILITARY?

Evaluate yourself in these areas:

Your interests
Grades (your strengths and weaknesses in certain areas)
Career goals (do they correlate with your interests and abilities?)
Other life goals

Graduation Requirements

CONTENT AREA	FUTURE-READY CORE	OCCUPATIONAL COURSE OF STUDY
English	**4 Credits** English I, II, III, IV	**4 Credits** English I, II, III, IV
Mathematics	**4 Credits** NC Math 1, NC Math 2, NC Math 3, and a 4th Math Course to be aligned with the students post high school plans. *In the rare instance a principal exempts a student from the FRC math sequence, the student would be required to pass NC Math 1 and NC Math 2 and two other application-based math courses.*	**3 Credits** Introduction to Mathematics, Algebra 1 (NC Math I), Financial Management
Science	**3 Credits** A physical science course, Biology, Earth Science	**2 Credits** Applied Science, Biology
Social Studies	**4 Credits** World History (or AP World History), American History: Founding Principles: Civics & Economics (or Civic Literacy), AND American History I, American History II (or AP US History & 1 additional social studies elective)	**2 Credits** Students Entering 9th grade for the first time in 2017-2018 – American History I or American History II AND American History: Founding Principles, Civics & Economics
World Language	**2 Credits** are required to meet Minimum Application Requirements for the UNC System.	Not Required
Health & Physical Education	**1 Credit** Healthful Living I Successful Completion of CPR requirement outlined in NCGS 115C-81.	**1 Credit** Healthful Living I Successful Completion of CPR requirement outlined in NCGS 115C-81.
Specific Electives	**6 Credits Required** **2 elective credits of any combination from either:** - Career & Technical Education (CTE) - Arts Education - World Languages **4 elective credits strongly recommended (four course concentration) from one of the following:** - Career & Technical Education (CTE) - JROTC - Arts Education (e.g., dance, music, theatre, visual arts) - Any other subject area (e.g., mathematics, science, social studies, English, or cross-disciplinary)	**6 Credits** Employment Prep I, II, III, IV Completion of Work-Based Hours as follows: Students Entering 9th Grade 2014 or later: 600 Hours School-Based Vocational Training = 150 Hours Community-Based Vocational Training = 225 Hours Competitive Paid Employment = 225 Hours Completion and presentation of a Career Portfolio containing all the required components.
Career & Technical Education		**4 Credits** CTE Electives
Additional Electives	**4 Credits**	
Total	**26 Credits**	**22 Credits**

Reference: NC State Board of Education Policy GRAD-004, State Graduation Requirements

What is your E?! ..... ENLIST

A. Talk individually with recruiters – call for an appointment or interview with military representatives if they are on campus. Typically, the different branches of the military visit the school monthly during the school year. If they are unable to do so this year, please contact your counselor and they can help your reach the appropriate recruiter.

B. Talk with current or ex-servicemen/women

C. Gain a realistic idea of what type of commitment is required

D. The Armed Services Vocational Aptitude Battery (ASVAB) is an aptitude test that helps you determine your own natural abilities and will assist you in making informed career choices. The branches of the military use the ASVAB to determine qualification for enlistment in the United States Armed Forces. Each branch has a different qualifying score, and there are numerous resources online to help you prepare.

E. The ASVAB is typically offered at East Wake High School during the school year. If there is no scheduled school administration this year, please contact a recruiter and they can help set up your test.

For more information about joining the Armed Services and ASVAB prep:

goarmy.com   marines.com   airforce.com   navy.com   nationalguard.com   uscg.mil

uniontestprep.com/asvab   asvabpracticetests.com   asvabtestbank.com

Recruiter Contact Information

TSgt Krystina King US Air Force, 919.302.6346, krystina.king.1@us.af.mil
Staff Sergeant Denee Taylor, US Marine Corps, 252.266.8406 denee.taylor@marines.usmc.mil
Markell Pettaway, US Navy (919).594.3574, markell.a.pettaway.mil@us.navy.mil
SSG Angelique Maldonato, US Army, 919.673.3359--angelique.m.maldonato.mil@mail.mil
SSG Bronte R.Thompson, National Guard, 919.368.6418 -- bronte.r.thompson.mil@mail.mil

What is your E?! ..... EMPLOYMENT

A.   Explore all job possibilities
B.   Prepare a resume
C.   Request permission from 4 or 5 people to use as references
D.   Dress and act as an adult…You are one now!!!
E.   See the following page about Joining the Job Market for more tips!

What is your E?! ..... EMPLOYMENT

Steps for starting your job search:

1. **Ask yourself, "What is my goal?"** This means, know what kind of work you most enjoy and perform the best. This will help you to target the type of job that you are seeking.

2. **Write an effective resume.** Focus on your qualifications for the type of work that you want to do. Show where you want to work, not just where you have already been working (see next page for a sample resume and tips).

3. **Write a letter that will catch the attention of the person who is reading it.** This is called a cover letter and should always be sent with your resume. DO NOT SEND A FORM LETTER. Instead, focus on the particular job that you are seeking and the place where you hope to work.

4. **Prepare a list of references.** Call or personally visit the person whose name you plan to use as a reference. Ask them if they would be comfortable writing a positive letter of recommendation for you. If the person hesitates or informs you that they would prefer not to provide a reference, thank them politely and ask a person who you feel will be more positive. Also, ask your references if they will keep you in mind if they hear of some possible job openings.

5. **Research.** Make a list of potential employers, do a little research on the store or company, and narrow your list to a manageable size.

6. **Network.** This means that you need to be able to clearly talk about your strengths and abilities. As you speak with people, ask them if they are aware of anyone or any company that might need someone with your skills. If you receive the name of a possible employer, contact that person yourself. Do not leave the responsibility of finding a job to someone else.

7. **Use a combination of job search methods.** Don't overlook the want ads but don't spend all of your time on them.

8. **If you are interested in a job in retail,** go to the store and ask for an application. Dress nicely even though you are just asking for an application. First impressions are very important.

Resume resources on the web:

www.monster.com   www.onetonline.org   www.careerbuilder.com

What is your E?!... ENROLL (College)

A. Visit websites of the schools that interest you
B. Make personal visits to schools (Open House/Tours), or Virtual Tours if unavailable for in-person tours.
C. Talk with students presently attending college
D. Reach out to your counselors and teachers
E. Review the testing schedule for the SAT and ACT (registration deadlines are included in this booklet) if a test score is required.

Community College

Many students decide to begin their postsecondary education at a community college rather than a four-year college or university.

- Community colleges provide excellent opportunities for students to excel in a variety of careers.
- Community colleges have also established relationships with several universities for students who wish to transfer after receiving an Associate's degree or the required number of credit hours for transfer.
- There are 59 community colleges in North Carolina.
- Local community colleges include Wake Technical, Wilson, Vance-Granville, Nash Community College and Durham Technical College.
- Information for all 59 community colleges can be accessed at: www.ncccs.cc.nc.us

Wake Technical Community College

Wake Technical Community College (WTCC) has an Open Door Policy. This policy provides for the admission of any person who has reached the age of 18 or has graduated from high school. WTCC offers programs for all educational levels. There are Certificate Programs, Diploma Programs, and the Associate Degree Programs. More information on WTCC can be accessed at: www.waketech.edu or by phone at 919-866-5000.

College Transfer Program

Community College/University Transfer programs are designed for students who wish to earn an associate's degree and transfer to a four-year college or university to complete a bachelor's degree. The programs offer general education courses as well as elective courses.

- Four degrees are offered: Associate in Arts (AA) and Associate in Science (AS), Associate in Engineering (AE) and Associate in Fine Arts (AFA)
- The degrees are awarded upon successful completion of 64 semester credit hours, including the minimum in each of the areas indicated on the specific curriculum outlines.

UNC Minimum Admissions Requirements

Effective in Fall 2013 and Beyond

Six course units in language, including

- four units in English emphasizing grammar, composition, and literature
- two units of a language other than English.

Four course units of mathematics, in any of the following combinations:

- Math I, II, and III, and one unit **beyond** Common Math III.

  (The fourth unit of math affects applicants to all institutions except the North Carolina School of the Arts.) **It's recommended that prospective students take a mathematics course unit in the twelfth grade.**

Three course units in science, including

- at least one unit in a life or biological science (for example, biology)
- at least one unit in physical science (for example, physical science, chemistry, physics)
- at least one laboratory course (biology will count as your lab course)

Two course units in social studies, including

- one unit in American History, and one additional unit

UNC System Universities and Colleges Will Not Require SAT or ACT Test Scores on Applications for the Class of 2023. Students will have the option to submit an ACT or SAT test score, but test scores will not be required for admission decisions. Those who do not submit a standardized test score will need to meet the minimum weighted GPA of 2.5 to be considered for undergraduate admission. You can find more information at https://www.northcarolina.edu/standard-test-requirement-waiver/

***Private colleges/universities are not subject to the same requirements. **Individual UNC institutions may require other courses in addition to the minimum requirements**. Even if not required, it is a good idea for students to take more than the minimum number of courses in the subject areas listed above in order to be not only competitive in the admissions process, but also successful upon entrance into the college or university.

College Foundation of North Carolina
www.cfnc.org

EVERY SENIOR SHOULD HAVE A CFNC ACCOUNT!

CFNC is one of the most valuable resources that high school students have at their fingertips…and it's FREE!!!!!

- APPLY TO OVER 100 NC COLLEGES & UNIVERSITIES
- SEND AND TRACK YOUR TRANSCRIPTS ONLINE
- SEARCH FOR SCHOLARSHIPS
- Use <u>FREE</u> test preparation for the SAT and ACT
- Learn which careers match your interests and personality
- Explore more than 100 NC colleges and universities
- Track progress toward meeting college entrance requirements
- Chart grades and activities throughout high school
- Research careers that you have an interest in
- Get tips on how to navigate through the financial aid process

Countdown to College Month- October 2023

CREATE YOUR OWN ACCOUNT AT CFNC & GET STARTED TODAY!!!!

"Helping you plan, apply, and pay for college."

THE COLLEGE APPLICATION PROCESS

Fill out your applications carefully and completely. **Be sure to follow directions (colleges will not process incomplete applications).**

Pay close attention to DEADLINES!!! Some schools may have "early action" deadlines, but if you do not get your application in by that date **DON'T PANIC**. Most final deadlines for applications will fall between January 1st and June 30th for the upcoming school year!

NOTE: <u>COLLEGES PREFER THAT YOU SUBMIT APPLICATIONS ONLINE</u>**

Residency Determination Service (RDS)

To be eligible for <u>in-state tuition at a public university in NC, and to qualify for state based financial aid at both public and private universities</u>, students ***MUST*** complete the residency determination questionnaire to prove they are residents of the state. **This process can be completed in the APPLY section on the CFNC site or at <u>ncresidency.org</u>.** Residency status is determined by the status of your parent/guardian. Please gather the following the following from your parent **before** staring the questionnaire: SSN, Driver's license #, tax return info.

Online Applications

A.   You can complete online applications one of three ways:

   1.   Go directly to the **website of the individual school** that you want to apply to and follow the steps to complete the undergraduate application for admission. This will typically involve creating an account on their website.

   2.   **CFNC.org** to complete your applications. You can complete an application or be directed to an application for admission to almost ANY 2 or 4 year college/university in North Carolina using this site. **You must create an account in order to use this site**.

   3.   **The Common Application** (commonapp.org) can be used to apply to schools nationwide. NC Schools: App State, Barton, Catawba, Davidson, Duke, ECU, Elon, Gardner-Webb, Guilford, High Point, Johnson & Wales, Meredith, NC A&T, NCSU, Queens (Charlotte), Salem, St. Andrews, UNCA, UNC, UNCC, UNCG, UNCW, Wake Forest, Warren Wilson.

B**. When completing your applications online, please be sure to keep your usernames and passwords in a safe, convenient place!**

Transcript Requests

A. Transcripts for schools located **IN NORTH CAROLINA**

STUDENTS SHOULD SEND TRANSCRIPTS **THEMSELVES** TO ANY SCHOOL IN NC **USING CFNC** EVEN IF YOU DID NOT USE CFNC TO COMPLETE YOUR APPLICATION Use **the Transcript Request feature Application Hub of CFNC** for in-state schools.

1. Create your CFNC account and keep track of your login information.
2. Click the "APPLY TO COLLEGE" tab at the top of the page
3. When the new pages loads, on the left side you will see "Application Hub."
4. Once inside the hub select "Request High School Transcript" on the right side of the screen
5. You can send your transcript to any school in the state and track who has received it.
6. You MUST know your PowerSchool ID number!

B. Transcripts for schools **OUTSIDE of North Carolina and Scholarships-** Visit: **www.wcpss.net/transcripts to submit a request**

C. If you use the ***Common Application***, your counselor will upload your transcript for you.

==**ELECTRONIC COPIES OF TRANSCRIPTS WILL NOT BE SENT DIRECTLY TO STUDENTS**==

Student Athletes | Be sure to register with the NCAA Clearinghouse if you plan to play sports in college. The website is *www.eligibilitycenter.org*

List of High School Activities/Resume | Each senior should prepare a list of activities beginning with 9th grade that includes school activities, honors and awards received, athletics and community activities. Be sure to include any service projects in which you have been involved. Counselors and teachers can use this information when writing recommendation letters, and your applications will be easier to complete if you have all of this information compiled in one place.

Recommendation Letters | Allow ample time for recommendation letters to be written. Be sure to give a deadline for getting the letters back to you so you can turn in all of your materials in a timely fashion.

Test Scores | SAT and ACT score must be sent DIRECTLY from collegeboard.com or act.org. They are not included on your transcript!

Financial Aid

All students applying for any federal financial aid must file the Free Application for Federal Student Aid (FAFSA). The FAFSA is the only application students must complete to be considered for all federal financial aid. You can access this form online at http://www.fafsa.ed.gov/. You cannot submit the form until October 1.

The Student Services Department will have a financial aid counselor, Ms. Winters, available for consultation September-May. Her email is swinters@wcpss.net to make an appointment. Please visit, our Financial Planning website for additional resources.

SCHOLARSHIPS

A. Scholarships are *competitive* and based upon the following:
   1. High school academic record
   2. SAT/ACT scores
   3. Financial need (in the case of many scholarships)
   4. Extra-curricular activities
   5. Community involvement

B. Some useful places to look for scholarships:
   1. Check with your parents to see if their place of employment has a scholarship program for the children of employees
   2. Civic and church scholarships
   3. Check the schools you are applying to and find out what kind of scholarships opportunities they offer
   4. **Check the Scholarships section of the Student Services Web page for scholarship announcements!**

FREE SCHOLARSHIP SEARCHES ON THE WEB

General Scholarship Searches		Specialized Searches
www.scholarshipplus.com/charmeck/	www.collegefunds.net	www.thencshp.org
www.dosomething.org	www.cappex.com	www.militaryscholar.org
www.fastweb.com	www.scholarshiphelp.org	www.latinocollegedollars.org
www.collegenet.com	www.supercollege.com	www.thurgoodmarshallfund.net
www.collegescholarships.com	www.moolahspot.com	www.gmsp.org
www.scholarshipdetective.com	www.collegeboard.org	www.uncf.org
www.zinch.com/scholarships	www.adventuresineducation.org	www.apiasf.org/scholarship_apiasf.html
www.cappex.com	www.Scholarships4Students.com	www.collegefund.org

RESOURCES FOR ESSAY WRITING
Start early and make every word count!!!!

https://bigfuture.collegeboard.org/get-in/essays

www.essayinfo.com

SAT and ACT Information and Test Dates

All seniors interested in attending a college or university next year should register to take either the ACT or SAT **as soon as possible <u>if required by the school you are applying to</u>**.

Please see your counselor if you're eligible for a Fee Waiver

SAT 2022-2023 Dates

Test Date	Registration Deadline
October 1	September 2
November 5	October 7
December 3	November 3
March 11	February 10
May 6	April 7
June 3	May 4

SAT Fees:

SAT Reasoning Test...*$60.00*

Late Registration / Test Center, Date, or Test Change..*$30.00*

Additional Score Reports (after the 4th) ....*$12.00 ea.*

ACT 2022-2023 Dates

Test Date	Registration Deadline
October 22	September 16
December 10	November 4
February 11	January 6
April 15	March 10
June 10	May 5
July 15	June 16

ACT Fees:

ACT (no writing) *$63.00*

ACT Plus Writing *$88.00*

Late Fee..*$36.00*

Standby Testing *$63.00*

Additional Score Reports (after the 4th) ....*$16.00 each*

Students must create accounts and register online at

www.collegeboard.org (SAT) or www.act.org (ACT).

East Wake's ACT/SAT School Code is 344260

NORTH CAROLINA COLLEGE / UNIVERSITY STATS

(Information gathered from: www.collegedata.com, CFNC.org and bigcollege.collegeboard.org.
(NR=not reported) (Updated on 9/1/2021)

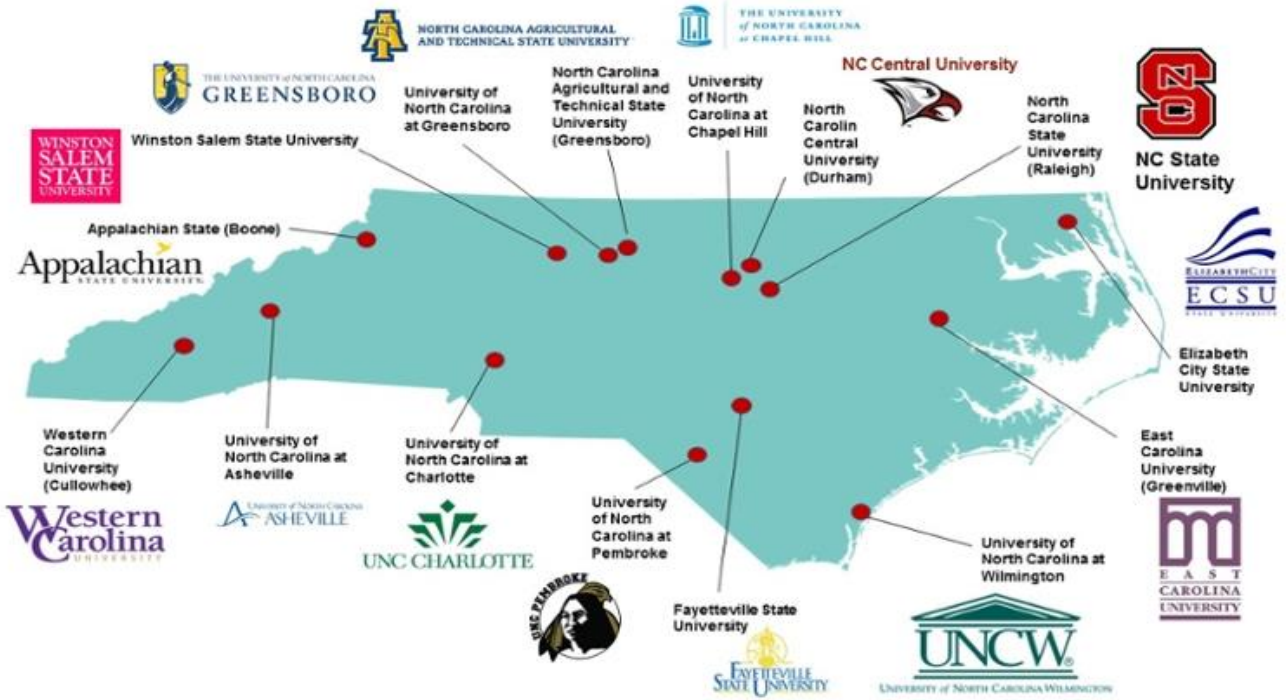| College / University	SAT Reading Range	SAT Math Range	ACT Composite Range	Top 25% of high school graduating class	Average high school GPA
Appalachian State University*	560-640	540-630	22-28	52%	3.56
Barton College	470-570	450-550	17-23	37%	3.17
Belmont Abbey College	490-610	490-610	19-26	NR	NR
Bennett College	410-520	380-480	14-20	NR	NR
Brevard College	440-560	440-540	17-22	16%	3.07
Cabarrus College of Health Sciences	500-580	470-560	20-24	NR	NR
Campbell University	520-620	510-610	20-25	58%	3.53
Catawba College	470-560	460-560	17-24	31%	3.45
Chowan University	390-480	390-475	14-17	25%	2.66
Davidson College	650-730	660-755	30-33	95%	3.84
Duke University	710-770	740-800	33-35	97%	NR
East Carolina University*	520-600	510-590	19-24	36%	3.31
Elizabeth City State University*	445-530	430-520	16-20	5%	3.16
Elon University	590-660	570-660	25-30	56%	3.99
Fayetteville State University*	440-510	430-500	17-21	27%	3.27
Gardner-Webb University	500-610	500-590	18-24	55%	3.74
Greensboro College	470-570	470-570	16-22	20%	3.35
Guilford College	470-600	463-558	17-24	32%	3.43
High Point University	540-630	550-630	22-28	43%	3.30
Johnson & Wales	NR	NR	NR	NR	3.19
Johnson C. Smith	410-490	393-470	14-18	NR	2.73
Lees-McRae College	NR	NR	17-23	NR	3.5
Lenoir-Rhyne University	480-590	490-580	18-24	NR	3.41
Livingstone College	380-460	375-460	13-16	6%	2.32
Mars Hill University	480-560	460-570	17-22	28%	3.24
Meredith College	520-620	500-600	18-25	45%	3.49
Methodist University	480-580	480-570	18-23	33%	3.28

College / University	SAT Reading Range	SAT Math Range	ACT Composite Range	Top 25% of high school graduating class	Average high school GPA
Mid-Atlantic Christian University	440-540	430-520	18-21	23%	3.09
Montreat College	470-580	450-570	18-23	26%	3.07
NC A&T State University*	480-560	470-550	17-21	36%	3.61
NC Central University*	450-530	450-520	17-20	24%	3.27
NC State University*	620-680	630-710	27-31	86%	3.76
NC Wesleyan College	440-530	430-530	16-21	15%	3.20
Pfeiffer University	460-570	450-570	16-23	31%	3.16
Queens University of Charlotte	530-630	510-610	21-27	41%	NR
St. Andrews University	430-610	403-568	16-21	30%	3.13
St. Augustine's University	390-460	380-450	13-17	NR	NR
Salem College	530-640	520-620	20-28	67%	3.80
Shaw University	360-450	377-452	13-16	6%	2.60
University of Mount Olive	395-500	400-500	15-20	NR	2.85
UNC at Asheville*	560-650	530-620	22-27	39%	3.42
UNC at Chapel Hill*	650-730	650-760	27-33	95%	4.39
UNC at Charlotte*	560-640	560-650	22-26	49%	3.92
UNC at Greensboro*	500-590	500-570	19-24	38%	3.65
UNC at Pembroke*	470-550	460-530	17-21	37%	3.49
UNC at Wilmington*	590-660	580-660	22-27	63%	4.03
UNC School of the Arts*	560-660	530-620	22-28	33%	3.78
Wake Forest University	650-720	670-770	30-33	92%	NR
Warren Wilson College	610-670	530-620	21-28	NR	NR
Western Carolina University*	510-610	510-590	20-25	39%	3.77
William Peace University	460-570	460-570	18-22	NR	3.86
Wingate University	470-560	460-570	18-23	36%	3.30
Winston-Salem State University*	450-520	440-510	16-19	7%	3.01

* UNC System requires a 2.5 minimum GPA; 880 minimum SAT (Evidence-Based Writing and Reading and Math combined) score; 17 minimum ACT score.

HOWEVER, SUBMISSION OF ACT/SAT SCORES IS OPTIONAL FOR THE CLASS OF 2023!

Click here for college application deadlines

North Carolina Public Universities

North Carolina Agricultural and Technical State University

The University of North Carolina at Chapel Hill

NC Central University

The University of North Carolina GREENSBORO

University of North Carolina at Greensboro

North Carolina Agricultural and Technical State University (Greensboro)

University of North Carolina at Chapel Hill

North Carolina Central University (Durham)

North Carolina State University (Raleigh)

NC State University

WINSTON SALEM STATE UNIVERSITY

Winston Salem State University

Appalachian State (Boone)

Appalachian STATE UNIVERSITY

ElizabethCity ECSU

Elizabeth City State University

Western Carolina University (Cullowhee)

University of North Carolina at Asheville

University of North Carolina at Charlotte

University of North Carolina at Pembroke

University of North Carolina at Wilmington

East Carolina University (Greenville)

Western Carolina UNIVERSITY

UNC ASHEVILLE

UNC CHARLOTTE

UNC PEMBROKE

Fayetteville State University

UNCW University of North Carolina Wilmington

FAYETTEVILLE STATE UNIVERSITY

EAST CAROLINA UNIVERSITY

North Carolina Private Colleges and Universities